

Activity	Days	Time	Adults/Kids	Contact	Phone
Badminton	Tus/Fri Thursday	10-11am 8- 9pm	Adults	Bridget	087/9677869
Basketball	Various	Various	Adults/Kids	Rachel	086/1226831
Birthday Parties	Various	Pending Availability	Kids	Reception	066/9761755
A Fit Body Gym & Classes	Various	Various	Adults	Aine See Notice Board	086/1052427 066/9790680
Indoor Bowls	Tuesday	1:30 – 3:30pm	Adults	Reception	066/9761755
Indoor Hockey	Tuesday	7-8:30pm	Adults	Kathryn	087/2123662
Irish Dancing	Thursday	3:30pm- 4:30pm	Kids	Emir	087/2300484
Karate	Tuesday Friday	6-7:30pm	Adults	Marc	087/6765632
Karate	Thursday	5-6pm	Adults/Kids	Charles	087/2636820
Pilates	Wednesday	7-9pm	Adults	Tony	087/9858379
Hip Hop	Wednesday	4:30pm- 5:30pm	Kids	Cassie	083/1038616
Squash	Various	Pending Availability	Adults/Kids	Reception	066/9761755
Mini Pucks	Saturday	10:30am- 11:30am	Kids	Reception	066/9761755
Mighty Pucks	Saturday	4-5pm	Kids	Reception	066/9761755
Gymnastics	Monday	3:30-7pm	Kids	Flair	087/0531527
Tai Chi	Friday	11-12	Adults	Maria Daly	087/7953589