

Activity	Days	Time	Adults/Kids	Contact	Phone
Badminton	Tuesday/Thursday/Friday	Tuesday 10-11Am /Thursday 8-9Pm/ Friday 10:20-11:20am	Adults	Bridget	087 967 7869
Basketball	Various	Various	Adults/Kids	Rachel	086 122 6831
A Fit Body & Gym Classes	Various	Various	Adults		086 105 2427
Indoor Bowls	Tuesday	1:30- 3:30pm	Adults	Reception	066 976 1755
Indoor Hockey	Tuesday	7- 8:30pm	Adults	Kathryn	087 212 3662
Little Ninja Karate	Thursday	05:10-6pm	Kids	Kerry Karate	085 840 3898
Advanced Ninja Karate	Thursday	6:10-7pm/ Adult Karate 7:10-8pm	Adults	Kerry Karate	085 840 3898
Kyudokan Kerry Karate	Tuesday/Friday	6-7:30pm	Adults	Marc	087 676 5632
Pilates	Wednesday	7-9pm	Adults	Tony	087 985 8379
Hip Hop Wednesdays	Wednesday	3-4pm	Toddlers	Katrina	083 047 0308
Hip Hop Wednesdays	Wednesday	4-5pm	Kids 4-6 years old	Katrina	083 047 0308
Hip Hop Wednesdays	Wednesday	5-6pm	Kids 7+years old	Katrina	083 047 0308
Flares Gymnastics	Monday	4 pm-6:45 pm	Kids	Danny	087 053 1527
Fame Stage School	Saturday	12:30-2pm	Kids	Finbarr	087 642 5122